



Meadowbrook Public School

Newsletter

October/November 2017

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Principal: Lorraine Doran
Superintendent: Erik Khilji
Trustee: Martin Van Beek

Dear Parents and Guardians:

It is hard to believe that October is ending and November is almost here. We have settled into routines and are getting down to the business of new learning. Staff have been collecting information from many areas to help inform their planning for each student's success. This is ongoing work that requires a strong partnership between the teacher, the student and their family. We encourage you to use the agenda, follow us on Facebook (*School Council account*), Twitter and login to our school website each week to stay informed about what is happening at the school. **Student Progress Reports will be coming out on November 21st with interviews scheduled for November 23rd in the evening and November 24 in the morning. November 24 is a PA Day.**

Our school professional learning has begun as well. As professionals, we are committed to examining school data, reflecting on our current practices and to ongoing professional learning to support our students the very best way we can. We continue to look at how we support learning in mathematics and language with a focus on building fluency in math. We continue to focus on self-regulation skills. Students are learning to identify their level of regulation (Zones of Regulation) and to identify strategies to help them to come to class calm, alert and ready to learn. We are very excited to be part of the Recess Project, a project designed to help engage and support our students at recess.

We know that the extras at school help to brighten the day and provide a much more rounded education to students and we are excited about the many opportunities that have already begun. Our Cross Country team ran in the area and regional meets last month. Our Terry Fox event was a HUGE success with all students participating and cheering each other on. Several staff were sprayed with silly string and this was well worth the mess as we raised over \$1,400 for Cancer research. Way to go Wildcats! Volleyball has started, Library Helpers are hard at work, lunch monitors are beginning, our announcement team is doing a great job, band is starting, and the ECO club is hard at work. We are continuing our partnerships with Big Brothers and Big Sisters with "Go Girls". We are also partnering with Girls Inc. for an after school program. Last week we celebrated Jersey Day and our JK/SK families joined us for Pajama Story Night. Our FAST program has started with several of our families meeting each Thursday night for dinner, conversation and fun.

I look forward to another month of great learning and community fun.

Your partner in education,

Lorraine Doran



@meadowbrook_ps

Making a Difference @ Meadowbrook Public School

Terry Fox Event

We are pleased to announce that our school raised **\$1,430.00** for the Terry Fox Foundation this year. Thank you for making a difference and carrying on Terry's dream to help find a cure for cancer. Everyone displayed such great school spirit and came together on the day of the event to run/walk as many kilometers as they could. Collectively Meadowbrook participants ran 1,325 kilometers. Together we are helping thousands of people living with cancer and we are all helping to beat cancer one step at a time!

We would like to thank our grade 8 leadership team Bethany, Josh, Riley, Cindy, Dominick, Ethan, Arnusha, Hope, Brody, Kalee, Alyssa and Jorden for all of their hard work to make our event the big success that it was.

Way to go Meadowbrook!

ECO NEWS

Our school Eco Team is in full swing. We have registered for the Eco Schools Certification program and are aiming for the Gold Award this year.

As we begin to develop our Environmental Stewardship and reduce negative impacts on the environment, we ask everyone to reduce the amount of garbage generated through lunches. Some ideas for litterless lunches include:

- Reusable containers
- Cloth napkins
- Silverware (dollar stores have a good supply)
- Whole fruit healthy snacks



Boomerang Lunches - students are asked to place all garbage generated from their lunch back into their lunchbags and take home. This reduces the waste generated at school and keeps parents informed of what has been eaten in student lunches.

Water Bottles:

We are asking everyone, staff and students, to eliminate the use of disposable water bottles. With our refillable water stations, we are encouraging everyone to use reusable water containers instead of throw-away plastic.

CROSS COUNTRY TEAM

Students from grades 4-8 practiced for the Area and Regional Cross Country meets and have participated with great enthusiasm. They trained very hard and have greatly improved their running. Way to go Wildcats!

Thank you to Mrs. Saunders, Mrs. Aldridge and Mrs. Jodoi for their work with the team.



BREAKFAST CLUB

The breakfast club has returned to Meadowbrook. Students are invited to join us at 8:15 am in the CARE room to pick up a healthy breakfast to start their day.



OPT IN

Did you know that we cannot send any information about things for sale (items of a commercial nature) through our newsletters and not by email UNLESS you opt in. If you would like to receive information about things like pizza and milk, please visit our website (www.meadowbrook.ps.yrdsb.edu.ca) and enter your email address to subscribe. See below for image.

Parents/Guardians: Enter your e-mail address to **subscribe** to electronic communications of a commercial nature.

You may also choose to [unsubscribe](#) at anytime.

Follow us on Twitter

Keep up-to-date on all that is going on at ORPS. We would love to have you follow us

@meadowbrook_ps



Picture Retake Day November 2, 2017



Please put a note in your child(ren)'s agenda letting Teachers know you wish to have your child sent down to have re-takes

Parking Lot

We have noticed that our parking lot is filling up in the morning at drop off and after school at pick up. As a school focused on environmental education, we ask that families consider walking to and from school to reduce our impact on the environment.

We would like to remind all families that you should not be parking along the bus loop as it makes it very difficult for the buses to navigate around the loop. Please park in designated parking spots.

Did you know that the exhaust from idling vehicles comes directly into the library and other classes at the front of the building? Please do not leave your car idling while you enter the building.

It's time to remind children about being safe in our community.

It's a good time for parents to remind children about personal safety. Here's what children need to know:

- Their name, age, telephone number, address, city and province. This can be done through rhyme or song.
- How to contact their parents at any time, by memorizing cell or work numbers.
- How and under what circumstances to call 911.
- To never approach or enter a stranger's vehicle. A responsible adult would never ask a child for directions or any other question for that matter.
- Make sure they know they have a right to say "no" to an adult, especially when the adult is asking them to do something they have been taught is wrong or feels uncomfortable. Reminding children of this right is important because children are taught from a young age to respect adults.
- To always tell parents where they will be and to never enter someone's home without their parent's permission.
- If home alone, never admit it when answering the phone. Never answer a knock at the door or speak through it. Adults can be very persuasive. Teach your child to call you if there is a knock at the door and if they fear for their safety, teach them to call 911. Make sure they know that police officers are there to help them and would not get mad if it were a false alarm.
- If they think they are being followed or are in danger they should run home or to a public place. If someone grabs them, they should try to get away, yelling and screaming while doing so.
- It is important to play in safe areas, never take shortcuts and stick with a buddy whenever possible.

STAY SAFE!
Halloween Safety Tips



It is never too early or too late to teach children the importance of personal safety. Common sense, communication and consistency are the keys. Remind children to alert a responsible adult if something strange happens that makes them feel uncomfortable. Remember, crime prevention is everyone's responsibility.

For more information on this subject, visit www.yrp.ca.

HALLOWEEN

Each year, our students celebrate the long-standing tradition of Halloween. Students celebrating this occasion in costume at our school must comply with the Safe School's policy.

Costume accessories including, but not limited to, toy guns, knives, axes, swords, etc. are not in compliance with York Region District School Board's Safe Schools Policy #668.0.

Please note that this policy applies to all students at all levels, including Kindergarten.

At Meadowbrook Public School, students are not to wear masks at school. Please leave all masks at home.

Finally, as we start to see Halloween treats in lunch bags, we remind all of our community that products containing nuts or nut products should not come to school. Please check labels carefully.

MEADOWBROOK SCHOOL COUNCIL

Thank you to everyone who has assisted with our QSP fundraiser. Our next meeting is Monday, November 6, 2017 at 7 pm. On the agenda for that meeting is School Improvement Planning. Everyone is welcome to attend.

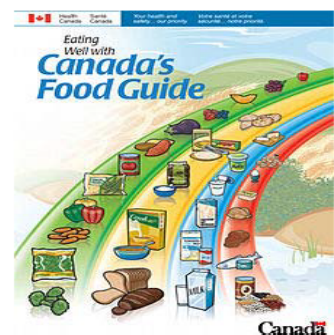
Your School Council Chairs are: Jennifer Apps and Hayley Habor. You can reach them through email at: meadowbrook.ps@sc.yrdsb.ca

Or you can leave them a message at the office.

**Nutrition Tools
for Schools®**
www.nutritiontoolsforschools.ca

Eating Well with *Canada's Food Guide*

Canada's Food Guide has a new look! The guide contains specific advice for children ages 2 to 13 years. It will help you to know both the amount and type of food your child needs for good health. Contact your local health unit for a copy or visit *Canada's Food Guide* at www.healthcanada.gc.ca/foodguide



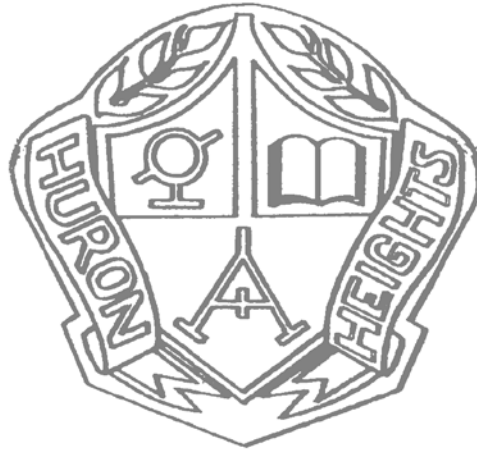
For more information about creating a healthy school nutrition environment, visit

www.nutritiontoolsforschools.ca

Huron Heights Secondary School

Grade 8

Information Night



*Grade Eight Students,
Parents, Teachers, Principals*

*You are cordially invited to attend
An Open House and Information Session
At Huron Heights Secondary School*

**On Thursday, November 16, 2017
At 7:00 p.m. in the Cafeteria**

Ryerson University Recess Project
Release of Personal Information Disclosure Form (Student)

The Brock University Recess Project is at your child's school this year. The purpose of the project is to provide added support to schools to offer opportunities for physical play and meaningful activities during recess. We provide a range of optional activities for the children to engage in as well as equipment and guidance. It has been very successful and we are pleased to continue to be able to offer it.

Funding is required to support the project and hence the request to release student personal information to Ryerson University and Canadian Tire Jumpstart Charities. The purpose of the information is for Jumpstart Charities to keep a record of the amount of funds dispersed per child in Ontario. This information is used for purposes of *this project only*.

School: _____

Student name: _____
Last First Middle

Postal code: _____

Date of birth: _____

This information may be released to the following institution/individual:

Lauren McNamara, PhD,
Ryerson University
350 Victoria St., Toronto Ontario M5B2K3

Canadian Tire Jumpstart Charities
2180 Yonge Street
P.O. Box 770 Stn. K
Toronto, ON M4P 2V8

Note: This waiver is in effect for one year from the date of the request.

Parent/Guardian name (please print): _____

Signature: _____ Date: _____

For more information please contact Lauren McNamara at lauren@recessprojectcanada.com

Please return the completed form to the Principal by November 3, 2017.



Healthy Kids are more successful in school and in life. Healthy People = Healthy Communities

November/ December 2017

		Wed. Nov 1 Gr. 8 to Huron during day	Thurs. Nov 2 PHOTO RE-TAKE DAY FAST	Friday Nov 3 Jump Start/Recess Project Forms Due
Monday Nov 6 Dental Screening JK/SK SCHOOL COUNCIL - 7 PM	Tuesday Nov 7	Wed. Nov 8	Thurs. Nov 9 Gr. 6 VIP FAST	Friday Nov 10 Remembrance Day Assembly 10:40 - Families invited to attend
Monday Nov 13	Tuesday Nov 14	Wed. Nov 15	Thurs. Nov 16 Gr. 6 VIP Grade 8 Info Night @ 7:00pm in the cafeteria at Huron Heights SS FAST	Friday Nov 17 Gr. 4 to 6 Math presentation in gym - pm
Monday Nov 20	Tuesday Nov 21 Student Progress Reports go home	Wed. Nov 22	Thurs. Nov 23 Interviews + Book Fair in Library Gr. 6 VIP	Friday Nov 24 PA DAY & Interviews
Monday Nov 27	Tuesday Nov 28	Wed. Nov 29	Thurs. Nov 30 FAST Gr. 6 VIP	Friday Dec 1 Crazy Hair Day
Monday Dec 4	Tuesday Dec 5	Wed. Dec 6	Thurs. Dec 7 Gr. 6 VIP HOLIDAY CONCERT - 630 pm	Friday Dec 8
Monday Dec 11	Tuesday Dec 12	Wed. Dec 13 Birthday of Aga Khan Chanukah begins	Thurs. Dec 14	Friday Dec 15
Monday Dec 18	Tuesday Dec 19	Wed. Dec 20	Thurs Dec 21	Friday Dec 22
CHRISTMAS BREAK BEGINS DECEMBER 25, 2017-JANUARY, 5 2018				
Monday Dec 25 Christmas Day	Tuesday Dec 26 Boxing Day, Kwanzaa, Death of Prophet Zarathustra	Wed. Dec 27	Thur. Dec 28	Friday Dec 29

